

Gait Trainer/Stander Criteria

Iowa Medicaid Program:	Prior Authorization	Effective Date:	05/14/2008
Revision Number:	5	Last Review Date:	4/19/19
Reviewed By:	Medicaid Clinical Advisory Committee	Next Review Date:	4/2020
Approved By:	Medicaid Medical Director	Approved Date:	6/4/2018

Gait trainers are wheeled devices that assist a person who is unable to walk independently to learn or relearn to walk safely and efficiently as part of gait training. Gait trainers are intended for children or adults with physical disabilities to provide the opportunity to improve walking ability.

Criteria:

Pediatric or adult gait trainer will be considered on the following criteria:

1. The member is able to stand upright with assistance and has some lower-extremity and trunk strength to be supported in the gait trainer.
2. The member is not able to ambulate independently due to conditions such as, but not limited to neuromuscular or congenital disorders, including acquired skeletal abnormalities.
3. The member does not have lower extremity contractures that would preclude ambulation.
4. The member does have adequate range of motion to support mobility.
5. The alignment of the member's lower extremity is such that the foot and ankle can tolerate a standing or upright position as well as independent reciprocal movement.
6. The member has shown improvement in mobility, ambulation, function, or physiologic symptoms or maintained status with the use of the selected gait trainer (e.g., used in an inpatient or outpatient setting) and is able to follow a home therapy program incorporating the use of the gait trainer.
7. There is a written home therapy plan for treatment in the home outlining the use of the requested gait trainer and that there is a caretaker who can appropriately supervise use of the gait trainer.
8. Gait trainers require a trial before being considered for purchase.
9. Duplicate DME will not be covered
10. Gait trainers will be denied for members where no expected improvement in mobility is anticipated or the current level of function would not be maintained.

HCPCS Code:

Pediatric- E8000, E8001, and E8002

Adult- E1399

References Used:

Provider Manual, page 27

<http://www.mass.gov/eohhs/docs/masshealth/guidelines/mg-gaittrainer.pdf>

Standing Frame System

Criteria:

1. Documentation must support that the standing frame being requested is needed due to the member needing to promote skin integrity, postural alignment, improved circulation, decrease muscle spasms, atrophy of leg muscles, bone integrity, and prevention of contractures to assist with transfer and transition ability. The member's GMFCS should be known.
2. There must be a standing frame regimen prescribed by the member's licensed practitioner within their scope of practice or documented as a need in the physical therapy assessment.
3. Standing frame systems require a trial before considered for purchase.
4. For sit-to-stand, mobile, and tri-standers the documentation must support the member's need for these features.
5. Duplication of medical equipment is not identified.

HCPCS Code:

E0637

E0638

E0641

E0642

Development of utilization management criteria may also involve research into other state Medicaid programs, other payer policies, consultation with experts and review by the Medicaid Clinical Advisory Committee (CAC). These sources may not be referenced individually unless they are specifically published and are otherwise applicable to the criteria at issue.

Change History for Gait Trainers:

Change Date:	Changed By:	Description of Change:	New Version Number:
4/19/13	Policy Staff/CAC	Criterion #2 added requirement for a three month trial.	1
4/17/15	CAC	Added last paragraph in References Used.	2
4/15/16	CAC	Criteria - removed age range; added pediatric and adult. Added GMFCS to Criterion #1. Added Criterion #3 regarding duplication.	3
4/20/18	CAC	Combined Gait Trainer and Standing Frame System criteria to be Gait Trainer/ Stander Criteria	4

Change History for Standers:

Change Date:	Changed By:	Description of Change:	New Version Number:
4/19/13	Policy Staff/CAC	Criterion #3 change requires a three month trial to requires a trial.	1
4/17/15	CAC	Added paragraph in References Used.	2
4/15/16	CAC	Criterion #1 added "the member's GMFCS should be known". Criterion #2 changed "physician" to "licensed practitioner within their scope of practice". Added Criterion #5 regarding duplication.	3
4/21/17	CAC	Criterion #1 added "A GMFCS score of IV or V will allow approval.	4
4/20/18	CAC	Combined Gait Trainer and Standing Frame System criteria to be Gait Trainer/ Stander criteria.	5

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